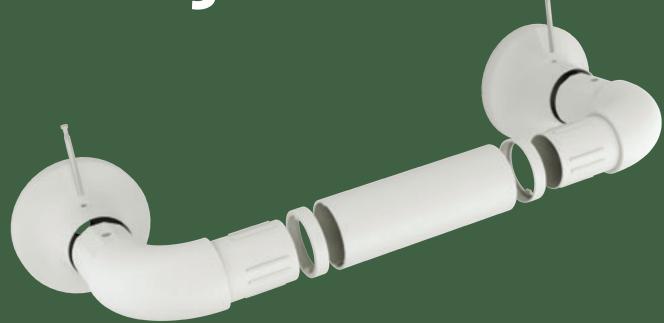




Adaptable | Affordable | Modular

Grabrail Product Catalogue











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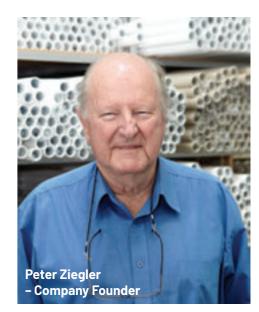
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The Canterbury Concepts Studreach Grabrail is a remarkable example of Australian innovation and engineering. Its story is one of persistence and ingenuity, driven by the vision of Peter Ziegler, an architect and inventor.

Peter Ziegler worked on several landmark projects around Melbourne, including the iconic Sidney Myer Music Bowl. Over time, his career shifted toward designing retirement villages, where he identified a significant gap in the market for modular grabrails.



Grabrails are a crucial element in retirement living, providing essential support and safety. Peter recognized the limitations of existing grabrails, which were typically available only in fixed lengths. This created issues, as the gaps between the studs in the walls—the ideal anchor points for grabrails—did not always correlate with the fixed lengths of the rails. To compensate, anchor plates were often added to the walls, leading to increased construction costs and time delays.

In response, Peter developed a modular system that could be customized to suit any situation. The aluminium tubes could be cut to the required length, and a variety of endpieces were available to accommodate any configuration.

The unique design of the Studreach Grabrail system relies on a single, larger, stronger screw that is securely anchored directly into the stud. Unlike competitors' systems, which may use up to six smaller screws (some of which fail to reach the stud and are hidden by a cap that may loosen over time), Peter's design ensures a cleaner, more durable finish. The screw is fully concealed, creating a neat and aesthetically appealing appearance.

In 1989 Canterbury Concepts began in Peter and his wife Annie's garage, soon both the kitchen and lounge rooms were needed for sorting and packing stock. Today, the company operates out of a purpose-built factory in Braeside. From these humble beginnings, Canterbury Concepts has grown to become a market leader and innovator in the grabrail industry, with over 1 million grabrails installed across Australia and New Zealand.

Peter Ziegler passed away in 2014, but his legacy endures through the dedication and stewardship of his wife, Annie, and daughter, Kay.

# Ten good reasons to choose our grabrails



## Secure fixing

Our unique single fixing system is designed to have the most secure fixing into the studs, not just into the plasterboard, maximising stability and strength.

#### 2 Rigorously tested

We've conducted extensive tests which show our product performs up to four times better than the Australian Standards requirements.

#### Tried and trusted

Canterbury Concepts grabrails have been used for many years by various government programs throughout Australia including DVA, HACC, HAS and HMMS.

Our grabrails are preferred by Occupational Therapists Australia-wide.

#### **4** Superior performance

Our grabrails have been tested to far beyond the requirements of AS1428, Design for Access and Mobility.

#### **5** Grip

Our rails are powder coated with our own slip resistant finishes to maximise grip and optimise safety.

## **6** Versatility

The modular system allows the installation of any configuration required, from the simple to the complex, and everything in between.

## 7 Stylish

Contemporary design and modern colours, white and almond ivory. Grabrails don't have to look cold and clinical. Enjoy your lifestyle, secure at home.

#### 8 Ease of installation

Can be installed by a home handy man in a matter of minutes.

#### 9 Affordable

Just give us a call and find out how affordable our grabrails are.

#### 10 Australian made and owned

All rails and components are sourced and manufactured in Australia.

# Single fixing gives greater strength

After rigorous trialling and testing it was found that the grabrail withstood a greater force if there was one large single fixing located through the centre of the wall flange and into the stud, rather than multiple smaller fixings, where many missed the secure fixing point of the timber stud.

Another advantage of our large central fixing is that it is concealed, enhancing the overall stylish appearance unique to Canterbury Concepts grabrails.

The strength tests on our screws show that they perform almost four times greater than required by the relevant Australian standard. Our large single fixings have been trusted throughout Australia and overseas for over 20 years.

#### Single Fixing strength tests

#### Fixing to timber

Testing of screws was conducted in accordance with AS 3566.1 – Self drilling screws for the building and construction industries.

The framing timber used in the test was F5 (MGP10) in accordance with the standard.

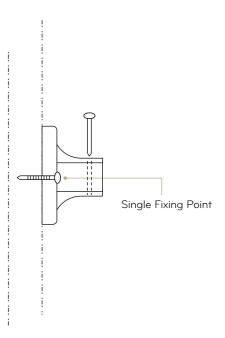
Grabrails are required to withstand a load of 1,100 Newtons (N)(approx 110 kg)

The average results of tests carried out showed that the screws withstood between 4,070N (approx 400 kg) and 4,300N (approx 430 kg).

#### Fixing to steel studs

Test results show the following pull out loads Using Hex Head Ti Teks 12-14:

- 0.6mm steel 900N (90 kg)
- 0.8mm steel 1,300N (130 kg)
- 1.0mm steel 1,700N (170 kg)
- 1.2mm steel 2,000N (200 kg)



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4

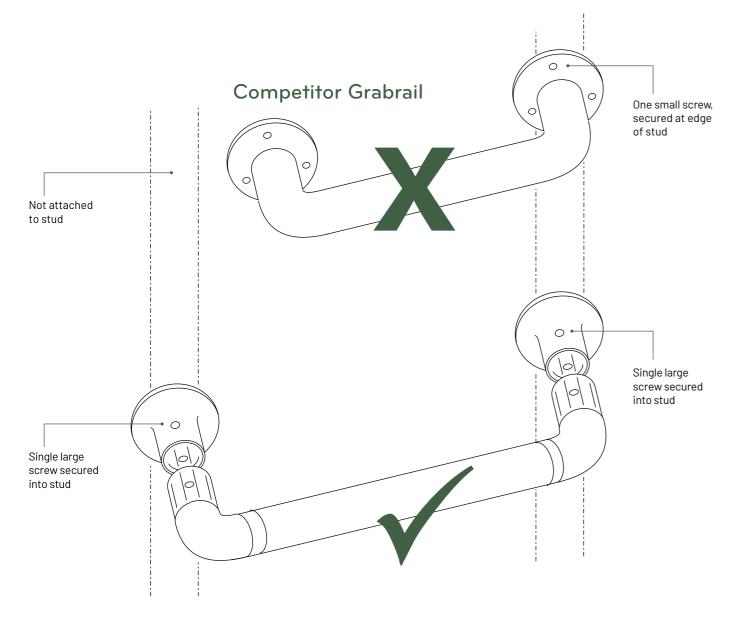
# **Competitor Versus Canterbury Concepts Fixing**

# The large single fixing optimises strength and stability because it grips firmly into the centre of the stud.

Grab rails were designed to give aid to those who were at risk of slipping or falling, by giving them a safe and secure hand hold. To enable a strong and reliable handhold the grabrail needs to be securely fastened to the wall. To do this it is critical the fastening is located in the structural part of the wall, which is typically the timber stud located behind the plasterboard.

However, wall studs, which are positioned when the home is constructed, are rarely, if ever, where you need them to be. The ingenuity of Canterbury Concepts grabrails is that they are modular and designed to be cut to the required length to suit the distance between the studs. This ensures the large fixing screws can be fastened into the centre of the stud to maximise strength and optimise safety, rather than just through the weaker plasterboard.

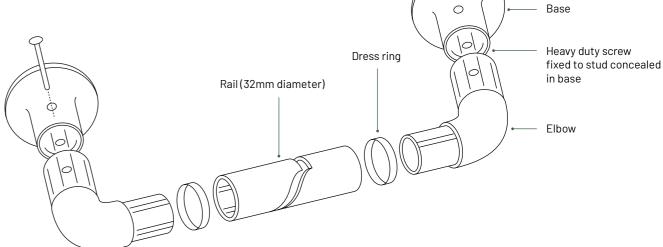
Canterbury Concepts studreach grabrails. The original, safe and strong since 1989.



## **How Our Grabrails Work**

# Canterbury Concepts grabrails are comprised of two main parts: the rails and the components.

For demonstration here, a standard grabrail is comprised of one powder coated aluminium tube and one endset. The endset includes dress rings and fixings. The sketch below shows an exploded view of the various parts that form a standard grabrail.



#### Rails

Canterbury concepts rails are manufactured from 32mm aluminium, and are extruded from our own design and specifications, and include a ribbed design to prevent twisting of the rail in the user's hand.

We chose to manufacture the rails from aluminium because of it's strength and durability, as well as its ability to be easily cut. This allows for rails to be individually cut to the required length to ensure fixing is into the structural timber studs.

Our rails are powder coated with our own finishes to maximise grip and optimise safety.

#### Components

Canterbury Concepts components are manufactured from fibreglass reinforced nylon, from our own design and specifications. After exhaustive research and testing it was found that the addition of glass fibre to nylon leads to very significant increases in strength, rigidity, heat distortion temperatures, abrasion resistance and dimensional stability.

Locking pin

There is a vast array of components in the Canterbury Concepts range, including a wide selection of bases, elbows, brackets and fixings to create any rail configuration required.

Our endsets are fastened to the wall with a single heavy duty screw fixed into the wall stud, which is smartly concealed in the base. Research and testing found that a single large fixing into the stud at both ends was the superior way to ensure a strong and secure grabrail.

# **Tubes**

Canterbury concept's rails are manufactured from 32mm aluminium, and are extruded from our own design and specifications, and include a ribbed design to prevent twisting of the rail in the user's hand.

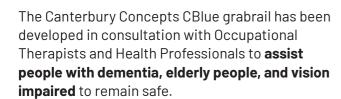
All of our rails are slip resistant to maximise grip and optimise safety and are available in our own textured or ripple finish.

Note all rails are finished to ensure maximum grip, in wet or dry conditions.



#### **CBlue (Textured Finish)**

**CBlue** 1500mm, 600mm



The contrasting colour and slip resistant finish assists people to identify and use the grabrail more easily.

#### MAT(Matte Finish)

Black	1500mm

#### FUT (Ripple Finish)

FUT300	300mm
FUT450	450mm
FUT600	600mm
FUT900	900mm
FUT1200	1200mm
FUT1500	1500mm



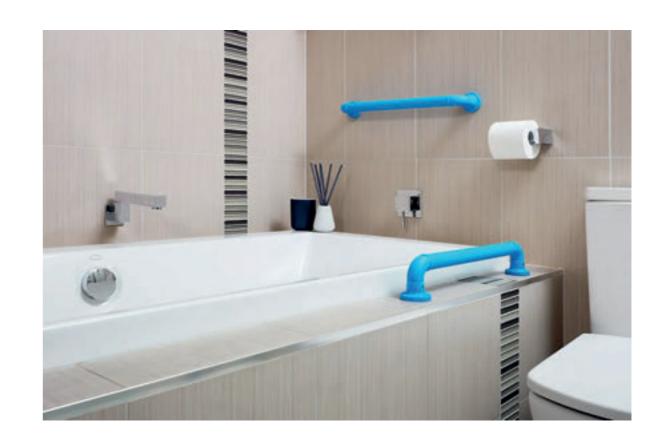
#### **GRO (Textured Finish)**

GR0300	300mm
GR0450	450mm
GR0600	600mm
GR0900	900mm
GR01200	1200mm
GR01500	1500mm

#### 20mm Towel Rail (Satin Finish)

Beige	1200mm
White	1200mm
Beige	900mm
White	900mm
Black	1200mm





# **Towel Rail**

The GTR range has been developed in consultation with users, installers, occupational therapists and health professionals as a safe and convenient solution in the bathroom – you can now use your grabrail and hang your towel underneath on the towel rail.

#### GTR features:

#### Safety

The safety of our grabrails is always paramount and has been of the utmost consideration throughout the development of the GTR range. The grabrail remains where it's always been, positioned to be easily grabbed for stability and support. The towel rail design puts it beneath the grabrail and pushed back towards the wall ensuring its intended use as a towel rail only.

#### Stylish Elbow

A great deal of detail went into the development of the GTR elbow - it looks really smart and adds to the ambience of the home. Available in both of our finishes, textured slip resistant and smooth

#### Towel Rail

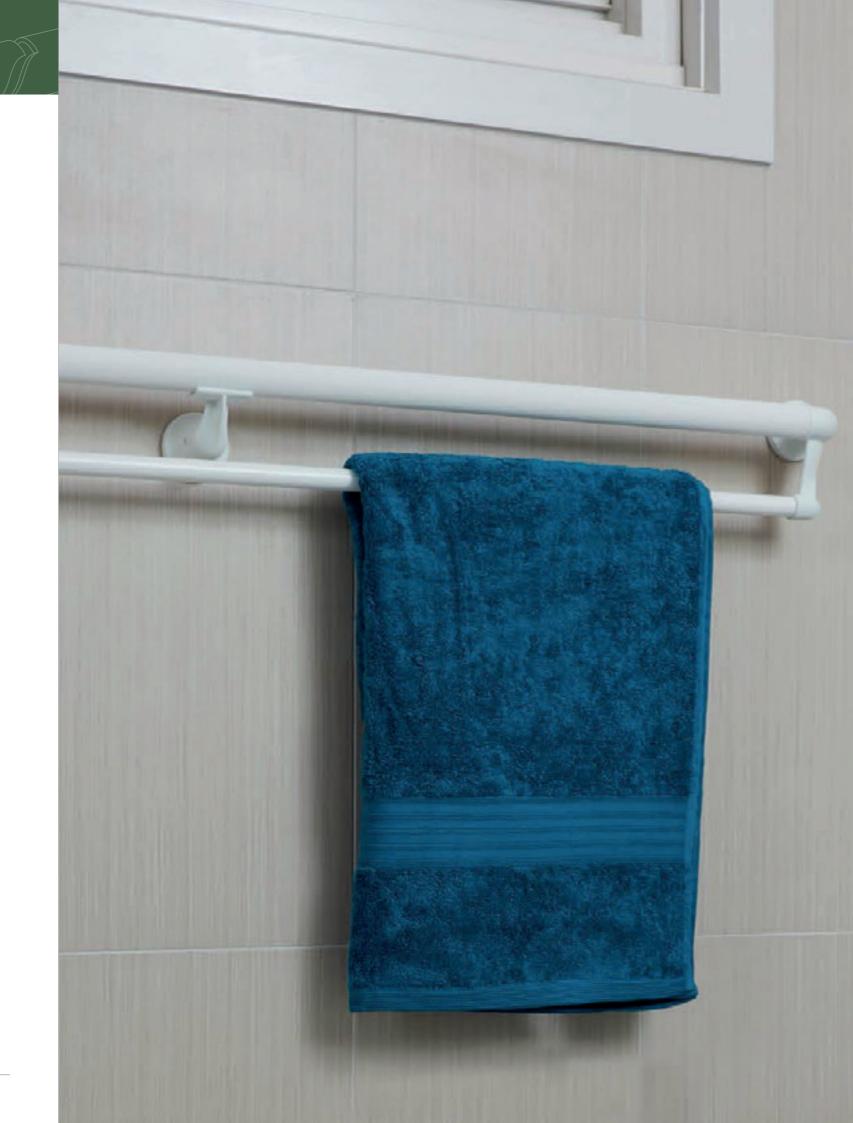
20mm diameter, available in 900mm and 1200mm lengths. The satin finish looks great and it is easy to slide towels over for storage and drying

#### New Installations

The GTR range suits new installations and is a simple option for inclusion in our grabrail solutions

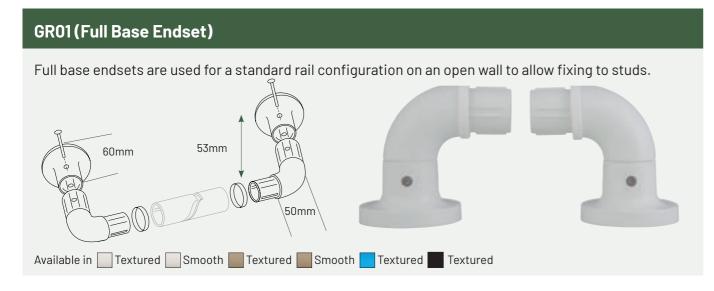
#### Retro Fit

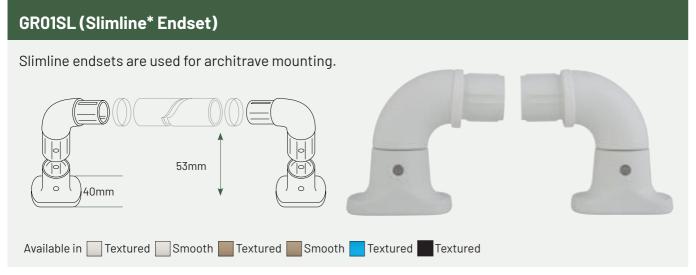
An exciting feature is that the GTR can be retro fitted to any Canterbury Concepts grabrail. Yes, that's right, if you already have a Canterbury Concepts grabrail you can fit a GTR because it's all compatible



## Standard Grabrails: Endsets

An endset is used to fix a grabrail to the wall. An endset is made up of a pair of wall flanges (bases) and elbows, and includes fixings. Different endsets are used depending on the application. This ensures the bases are able to be fixed into the centre of the stud for maximum strength.



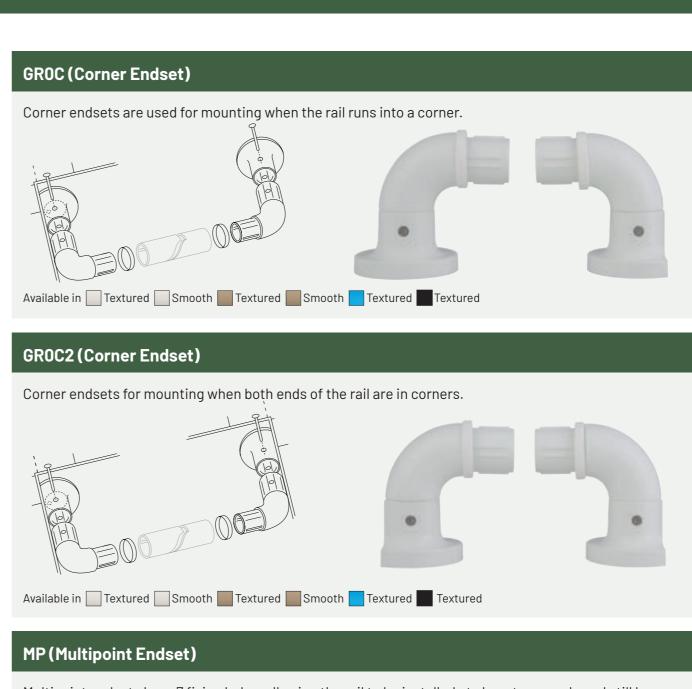


#### \*Slimline base Fixing Holes

Fixing holes have been omitted from the slimline base so that correct fixing position - central or offset - can be selected on site and the appropriate hole made by the installer.

The decision to omit the holes was made after reviewing the width of achitrave, thickness of frame and positioning of framing stud in a number of situations. The result was about 50% for centre fixing, therefore use a 6mm drill to make your own holes. Screws and washers for both applications are included.

# Standard Grabrails: Endsets

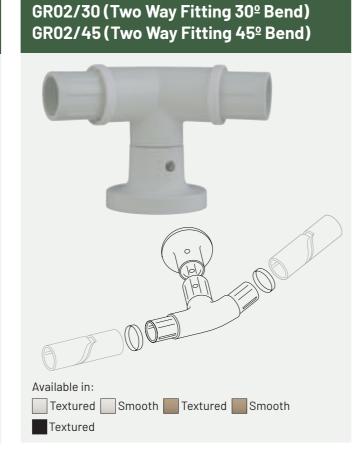




# **Modular Grabrails: 2-way Connectors**

# Modular Grabrails: 2-way Connectors

# Available in: Textured Smooth Textured Smooth Textured Textured Textured



# Available in: Textured Smooth Textured Smooth Textured



# ATC (Adjustable Tube Connector)

These connecting pieces work on the same principle as the beach umbrella and allow rails to be connected at angles up to 45°, up or down.



#### E90 (90º Bend)

Use an E90 connector in conjunction with a large wall bracket (WBL) to go around corners.



#### E30 and WBL (30° Bend) E45 and WBL (45° Bend)

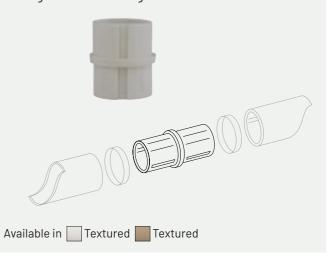
Allows for 270º hand travel required by Australian Standards:

- Supplied with WBL.
- Supplied with modified dress rings to allow the cup of the bracket to be located anywhere beneath the bend of the rail. This means the bracket can be fixed at a secure support.



#### TC (Tube Connector)

Tube connector, connects two rails together in a straight line for a longer continuous run of rail.



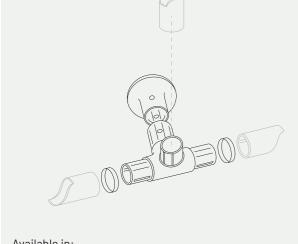
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# Modular Grabrails: 3-Way and 4-Way connectors

#### GR03W (3-Way Connector)

Use a GR03W to connect a vertical rail to a horizontal rail often used for the mounting of a shower slide (SS) and shower handset.





Textured Smooth Textured Smooth

Textured Textured

#### **GR04W (4-Way Connector)**

Use a GR04W to connect vertical rails to horizontal rails, creating a 4 way intersection of rails.



#### WBL (Large Wall Bracket)

**Brackets** 

Allows for  $270^{\circ}$  hand travel per the Australian Standards.

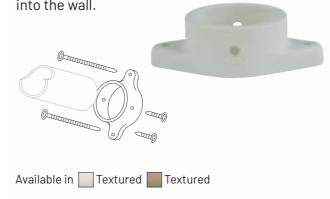
Support for studreach grabrails longer than 1000mm (install at intermediate stud). This means that all spans shall be less than 1000mm. For more complex situations it is recommended you contact us for advice

Use a WBL to support a cantilevered rail – maximum length of cantilever 200mm. Use WBLs to support long lengths of grabrail in a



### SER (Small End Ring)

Small end ring supports a rail that butts straight into the wall.



#### **CR (Connector Ring)**

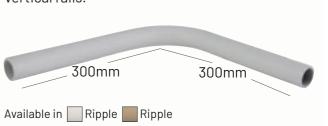
Connects pipe bend to rail for added lateral support.
Also used to connect rails to each other at 90° for support.



Available in Textured Textured

#### PB (Pipe Bend)

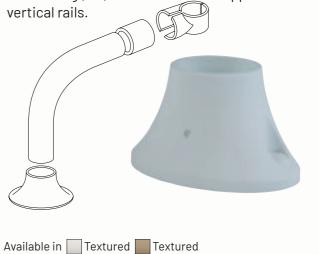
Pipe bend used to give extra lateral support to vertical rails.



## LER (Large End Ring)

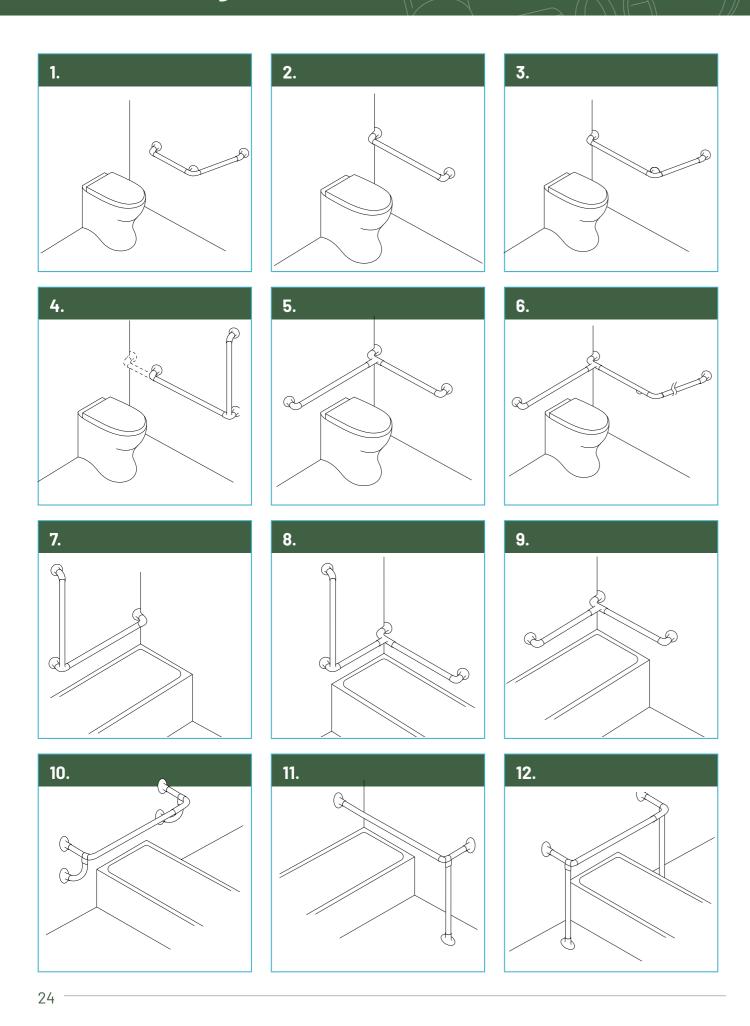
Finish a rail at  $90^{\circ}$  to wall or floor.

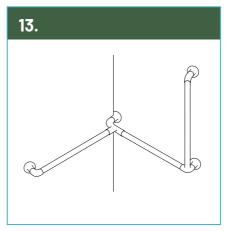
The LER can be used for rails extending from floor to ceiling, or with pipe bend (PB) and connecting (CR) for added lateral support to

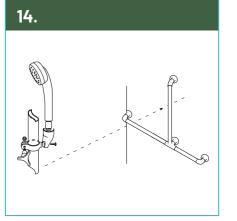


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# **Grabrail Configurations**





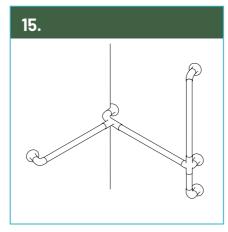


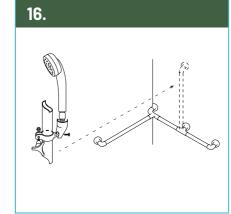


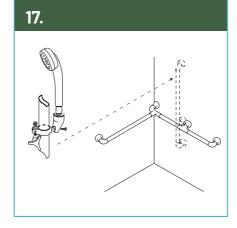
Phone: 03 9580 1744 Email: info@canterburyconcepts.

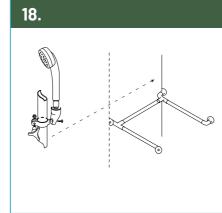
com.au

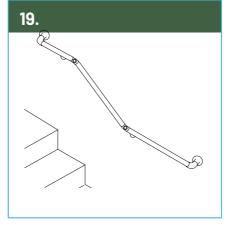
www.canterburyconcepts.com.au

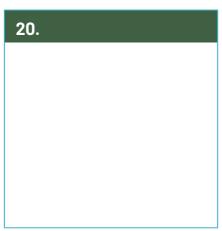












# How to maintain your Grabrail

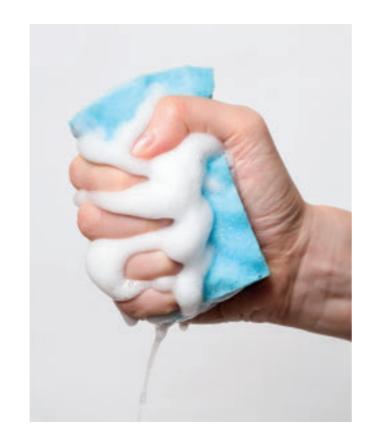
Canterbury Concepts Grabrails are powder coated in order to optimise grip, durability and style. To maintain your rails please follow these instructions.

# Key tips for maintaining your grabrail

- Never use abrasive cleaning detergents, sponges or cloths – using these will very quickly wear away the finish and expose the aluminium resulting in reduced safety and unsightly rail.
- Do not use turpentine, white spirits, thinner, bleach or other aggressive solvents on powder coating – these may be harmful to the extended life of the powder coated surface and should be avoided as the damage may not be visible immediately and may take up to twelve months to appear.
- Do not use a grabrail to hang wet flannels, towels or other items – this can encourage mould growth and may cause the finish to stain over time.

# Step by step guide for cleaning your grabrail

- 1 Carefully remove any loose bits of dirt using a soft brush.
- 2 Use a soft sponge or cloth and warm soapy water to gently clean.
- 3 Rinse off with clean fresh water.



# **Additional information**

#### How to order

Please contact us to place an order:

**Phone:** 03 9580 1744

Email: info@canterburyconcepts.com.au

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